



# STANDARD MENU

# CAFFÈ

## CHOOSE YOUR BLEND






**ESTRELA**  
SIGNATURE BLEND

Africa and Central  
& South America






**OBRIGADO XX**  
SECOND BLEND



Guatemala,  
Ethiopia & Tanzania

	SINGLE	DOUBLE	
ESPRESSO	14	19	-
MACCHIATO	17	20	-
MEIA DE LEITE 	21	25	-
Traditional cortado			
FLAT WHITE	-	23	-
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	SOLO	MUCHO	GRANDÈ
AMERICANO	19	22	25
CAPPUCCINO	21	26	31
BULLET	22	27	32
Coconut   Ginger			
CAFFÈ LATTE	23	27	32
CAFFÈ MOCHA	-	28	34
FLAVOURED LATTE 	27	32	37
Vanilla   Caramel   Hazelnut   Popcorn   Doughnut   Cookies			
HONEY & CINNAMON LATTE	-	28	-
CARAMEL ALMOND LATTE 	27	32	37
DIRTY CHAI	-	27	32
Chai latte with espresso			

# ICED CAFFÈ

	MUCHO	GRANDÈ
GELADO 	27	33
Our signature blended iced caffè with a double shot		
CAFFÈ MOCHA	28	34
Single shot blended with chocolate, milk & ice		
'PA' SPECIAL 	21	26
Double shot iced meia de leite with micro foam		
VANILLA AMERICANO	27	32
CARAMEL LATTE	32	37
CARAMEL FRAPUCCINO	27	33
COFFEE FRAPUCCINO 	27	33

## MILKSHAKES




	MUCHO	GRANDÈ
CHOCOLATE	32	40
VANILLA	32	40
STRAWBERRY	32	40
OREO SHAKE	32	41
VANILLA, BANANA & HONEY	32	41
STRAWBERRY & BANANA	32	41
SIGNATURE MILKSHAKE  	36	41
Strawberry ice cream, mango, banana and whipped cream on top		

 VEGAN

 VEGETARIAN

 VIDA LEGENDS

# HOT DRINKS

	SOLO	MUCHO	GRANDÈ
CLASSIC TEA Green   Earl Grey   Chamomile		11	15
VIDA SPECIAL TEA   Ginger, honey & lemon		17	20
CHAI LATTE		27	32
HOT CHOCOLATE			
Classic		24	28
Vanilla		29	33
Banana		29	33
Caramel		29	33
MATCHA LATTE 	23	28	33
SEA SALT CARAMEL LATTE	23	28	33

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# ICED TEAS

OVER  
ICE

	MUCHO	GRANDÈ
PEACH	22	28
LEMON	22	28
RASPBERRY	22	28
VIDA SPECIAL TEA  Ginger, honey & lemon	22	28

# SIGNATURE FRIOS

BLENDED

	MUCHO	GRANDÈ
CARAMEL BANANA	28	34
CHAI	28	34
LEMONADE & MINT	28	34
MANGO	28	34
STRAWBERRY   MIX BERRY	28	34
PASSION FRUIT	28	34
CHOCOLATE 	28	34
MATCHA 	28	34
COCONUT	28	34
SEA SALT CARAMEL LATTE	28	34

# FRIOSHAKEES







BLENDED

	MUCHO	GRANDÈ
CARAMEL FUDGE 	38	45
CHOC BROWNIE 	38	45

# LEMONADE COOLERS

OVER ICE

	MUCHO	GRANDÈ
PASSION FRUIT	23	28
RASPBERRY	23	28

	MUCHO	GRANDÈ
<b>THE ALMOND</b> Almond milk, peanut, honey, cinnamon, banana (dairy free)	32	38
<b>OLÀ MANGO</b>  Mango, banana, pineapple, coconut milk, mint	32	38
<b>OLÀ SEASONAL FRUITS</b>  Mango, banana, pineapple, mixed berry	32	38
<b>ALL GREEN</b>  Spinach, cucumber, mint, apple, banana	32	38
<b>BREAKFAST</b> Banana, oat, raisins, cinnamon, milk & honey	32	38
<b>HEALTHY SMOOTHIE</b> Carrot, pineapple, papaya and honey	32	38
<b>VIDA VITALITY</b>  Carrot, ginger, apple, banana, lemon and pineapple	32	38
<b>PEANUT COCOA</b>  Peanut butter, cocoa, banana	32	38
<b>PROTEIN SHAKE</b>  Whey protein, peanut butter, banana & milk	34	40

# FRESH JUICES

	MUCHO	GRANDÈ
ORANGE JUICE	20	26
PINEAPPLE & GINGER	20	26
BEETROOT	20	26
MANGO, ORANGE & BANANA	20	26
MANGO, PINEAPPLE & PASSION	20	26

# BEER

CLUB	14
HEINEKEN	20
GUINNESS	15

# MILK ALTERNATIVES

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ALMOND MILK Alpro	4
SOYA MILK Alpro	4
COCONUT MILK Alpro	4
OAT MILK Alpro	4

# ALL DAY BREAKFASTS

## OATS

Plain creamy oats	24
Apple, raisins & cinnamon	28
Banana, peanut, cocoa & honey 	28
Whey protein, banana & chocolate crumble 	32

## CROISSANT

Plain	14
Chocolate	15
Cinnamon roll	19
Cheese 	19
BBQ sausage 	27

## GRANOLA & YOGHURT

Blueberry   mango   passion fruit   strawberry	30
Healthy Yoghurt (Banana, mango & apple)	33

## GRANOLA & FROZEN YOGHURT

Mixed berry	33
Banana & honey	33
Oreo & caramel	33
Healthy yogurt (Banana, mango & apple)	33

## CROISSANT ROLLS

Turkey & cheese	35
Breakfast roll 	35
Chicken & avo	35



# PANINIS

**SPICY BEEF**  46

Spicy mayo, green pepper, onion, tomato, cheddar

**SPICY CHICKEN** 46

Spicy mayo, green pepper, onion, tomato cheddar

**MOZZARELLA PESTO**  46

**THREE CHEESE**  46

Vida sauce, tomato, black olive, emmental, cheddar and mozzarella

# CLUB SANDWICHES

\*WHITE SLICE BREAD

**CHICKEN CLUB** 50

**TURKEY CLUB** 50

**VIDA CLUB**  50

**MIX CLUB**  50

Chicken, beef, cocktail sauce, lettuce, tomato, cheddar, mozzarella, caramelized onion

# SUB SANDWICHES


\*SUB BREAD

**SPICY TUNA** 52

Spicy mayo, lettuce, corn, carrot, olives, avocado, pickles

**CHICKEN HONEY MUSTARD** 52

Lettuce, tomato, onions, cucumber, cheddar, mozzarella

**VIDA SUB**  52

Vida sauce, lettuce, pickles, tomato, cheddar, mozzarella, emmental, turkey, ham, bacon

# SANDWICHES

\*BREAD

(WHITE BAGUETTE, BROWN BAGUETTE, CIABATTA, PANINI)





EGG MAYO	32
CHICKEN	42
TURKEY & CHEESE	45
CHICKEN BBQ	45
BACON & EGG	45
HAM & CHEESE	45
CHICKEN AVO	45
PHILLY STEAK <b>NEW</b>	46
TUNA	45

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# WRAPS

CHICKEN AVO	46
Vida sauce, lettuce, tomato	
GRILLED VEGETABLES & FETA <b>V</b>	46
Vida sauce, lettuce	
CHICKEN FAJITA <b>NEW</b>	46
Cocktail, avocado, lettuce, mozzarella	
BREAKFAST WRAP	46
Vida sauce, lettuce, tomato, bacon, egg, cheddar	
BEEF FAJITA <b>NEW</b>	46
Cocktail, avocado, lettuce, mozzarella	

# SALADS




- NIÇOISE LEMON MAYO DRESSING** 45  
Boiled potato, tomato, green beans, tuna, eggs, black olives
- SEASON SALAD LEMON & OIL**  37  
Add chicken / tuna / turkey for GHS 10
- PASTA AVOCADO (TUNA/CHICKEN)** 47  
LEMON MAYO  
Black olives, carrot, sweet corn, spring onion, tomato
- CHICKEN AVOCADO HONEY MUSTARD** 47  
Boiled egg, parmesan cheese, tomato
- QUINOA HONEY MUSTARD**  47  
Tomato, cucumber, spring onions, beetroot, cabbage, mint, sunflower seed, chicken / tuna / feta
- COBB BALSAMIC** 47  
Chicken, blue cheese, egg, avocado, cooked bacon, tomato, cucumber, spring onion
- CHEF SALAD HONEY MUSTARD**   48  
Lettuce, turkey, boiled egg, shredded carrot, sweet corn, tomatoes, green beans  
*\*Choose chicken / tuna*

\*ALL SALADS COME WITH SLICED BREAD

# MUFFINS

APPLE	24
BANANA	22
CHOCOLATE 	22
RED VELVET	24
CARAMEL PECAN	24

# CAKES

BROWNIE	22
CHEESECAKE 	32
RED VELVET	30
CARROT CAKE	28
OREO CHEESE CAKE	30
CARAMEL CHEESE CAKE	30
APPLE CRUMBLE	30
TART CHOCOLATE 	36
TART CHOCOLATE & BANANA 	36

# ICE CREAMS

CHOCOLATE, STRAWBERRY & VANILLA

2 SCOOPS

20

3 SCOOPS

28

CHOCOLATE & CRÈME

32

BANANA SPLIT

32

Banana, cream, vanilla, chocolate & strawberry

BROWNIE CUP  

34

Brownies cube with vanilla ice-cream & caramel sauce

# COOKIES

DOUBLE CHOCOLATE

23

VANILLA CHOCOLATE CHIP

23

RASPBERRY WHITE CHOCOLATE

23

MACADAMIA NUT

23

OATS 

23

 VEGAN

 VEGETARIAN

 VIDA LEGENDS