

zubzz 8 nov 23



Menu



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📘 The Palms at Prampram 📍 thepalmsatprampram
✉ reservations@thepalmsatprampram.com

Accommodation | Restaurant | Bar | Spa services | Conferences

Food Menu



STARTERS

Garden salad <i>(Light and fresh salad of lettuce, carrots, cucumber, tomatoes, cabbage and onions).</i>	GHS 60.00
Tuna or Chicken Salad <i>(A fresh green salad with tuna flakes or sautéed chicken)</i>	GHS 70.00
Palms light soup <i>(Spicy local soup with a choice of fresh tilapia, chicken or goat meat)</i>	GHS 80.00
Prawns in garlic chili oil <i>(Grilled prawns in olive chili oil sprinkled with garlic and parsley)</i>	GHS 90.00

PALM SNACKS

Spicy chicken wings	GHS 50.00
Meat spring rolls	GHS 35.00
Beef Khebabs	GHS 40.00
Chicken Khebabs	GHS 40.00

PLATTERS

Meat platter <i>(Grilled chicken, beef and pork pieces).</i>	GHS 120.00
Seafood platter <i>(Calamari, shrimps and fish pieces)</i>	GHS 150.00
Mixed platter <i>(Selection from the meat and seafood platters)</i>	GHS 150.00

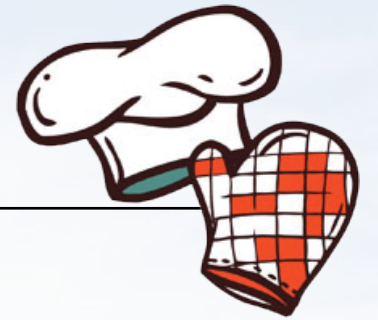
Served with a choice of one accompaniment
All prices are in Ghana Cedis

CONTINENTAL DISHES

Chicken Sauce <i>(Shreds of chicken sautéed with mixed vegetables in homemade brown sauce).</i>	GHS 80.00
Palms Special Chicken <i>(Deboned charcoal grilled seasoned chicken thigh)</i>	GHS 75.00
Beef Sauce <i>(Shreds of chicken sautéed with mixed vegetables in homemade brown sauce)</i>	GHS 85.00
Beef Fillet <i>(Fillet of beef grilled and served in an indulged jus)</i>	GHS 100.00
Pork Chops <i>(Grilled Pork Chops served on a bed of vegetables)</i>	GHS 120.00
Fish Provencal <i>(Cubed Fish of the day cooked with vegetables in tomato sauce)</i>	GHS 70.00
Grilled Grouper Fillet <i>(Juicy boneless grouper pa grilled and served on a bed of sautéed vegetables)</i>	GHS 85.00
Spicy Fried Calamari <i>(Buttered Calamari, Golden Fried)</i>	GHS 100.00
Palms Special Fish <i>(Marinated snapper either grilled or fried garnished with tossed vegetables)</i>	GHS 120.00
Grilled Prawns <i>(Jumbo Prawns, grilled and served in garlic butter)</i>	GHS 110.00



Food Menu



LOCAL & VEGETARIAN CORNER

Charcoal grilled tilapia with banku.	GHS 100.00
Assorted Fried Rice	GHS 90.00
Beans stew with fried ripe plantain <i>(Vegetarian Style)</i>	GHS 50.00
Extra Fish	GHS 60.00
Extra Chicken	GHS 55.00
Palava Sauce eith Boiled yam or rice	GHS 85/95
Vegetarian Ratatouille served with plain rice or boiled potatoes	GHS 60.00

SPAGHETTI, BURGERS & SANDWICHES

Chef's spaghetti stir fry <i>(Tender sliced strips of beef or chicken with fresh cut vegetables).</i>	GHS 70.00
Shrimps or Calamari options	GHS 40.00
Beef Burger	GHS 70.00
Club Sandwich	GHS 70.00
Tuna Sandwich	GHS 65.00
Chicken or Beef Shawarma	GHS 75.00

SIDE DISHES

Banku	GHS 10.00
Plain Rice	GHS 25.00
Potato Chips	GHS 30.00
Yam Chips	GHS 30.00
Jollof Rice	GHS 30.00
Gari Fotor	GHS 30.00
Fried Rice	GHS 30.00
Stir Fry Vegetables	GHS 30.00
Kelewele	GHS 30.00
Sauteed Potatoes	GHS 30.00

DESSERTS

Pan Cake	GHS 30.00
Fruit Salad	GHS 25.00
Cake Slice	GHS 25.00

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Drinks Menu



NON - ALCOHOLIC

Water (small/large)	GHS 8.00/15.00
Soft Drinks <i>(Coke, Fanta, Sprite, Soda & Tonic Water)</i>	GHS 12.00
Malta Guinness /Alvaro	GHS 15.00
Energy Drinks	GHS 30.00
Fruit juice per pack	GHC 45.00
Canned Malt	GHS 20.00
Canned coke/sprite/Fanta	GHS 20.00

SIGNATURE MOCKTAILS

Palms Punch <i>(Fresh blend of seasonal fruits)</i>	GHS 70.00
Peach Apple <i>(Apple Juice, Peach, Blue Curaçao)</i>	GHS 70.00
Akwaaba <i>(Pineapple, Apple Juice, Mint Flavour, Grenadine)</i>	GHS 70.00

ALCOHOLIC

Star Beer (mini/large)	GHS 15.00/20.00
Club Beer (mini/large)	GHS 18.00/20.00
Origin (Large)	GHS 20.00
Smirnoff Ice	GHS 30.00

Guinness	GHS 20.00
Hunters	GHS 30.00
Savannah Dry	GHS 30.00
Heineken (Small/Large)	GHS 27.00 / 30.00
Club Shandy	GHS 20.00

LOCAL DRINKS

Sobolo	GHS 12.00
Asana	GHS 12.00

SIGNATURE COCKTAILS

The Palmist <i>(Orange Juice, Vodka, Tequila, Lemon, Grenadine syrup)</i>	GHS 75.00
Gringo <i>(Kalahari, Herb Afrik, Lime, Orange Juice)</i>	GHS 70.00
Lorgorligi <i>(Adonko, Kalahari, Alomo, Lime, Angustura Bitters, Pineapple Juice)</i>	GHS 70.00
Sea Breeze <i>(Pineapple juice, White grape juice, Malibu, Blue Curaçao)</i>	GHS 70.00
Church Bell <i>(Vodka, Rum, Tequila, Gin, Blue Curaçao, Sweet and sour mix)</i>	GHS 85.00





The Palms
@ PRAMPARAM
Bitters



APERETIF

Campari	GHS 20.00
Jaggermeister	GHS 20.00

RUM

Malibu	GHS 30.00
Bacardi White	GHS 30.00
Bacardi Gold	GHS 30.00

VODKA

Strawberry carniva	GHS 20.00
Smirnoff Red	GHS 20.00
Absolute blue	GHS 20.00
Absolute pear	GHS 20.00

GINS

Kasapreko	GHS 10.00
Gordon's gin	GHS 20.00
Bombay	GHS 17.00

BITTERS

Alomo bitters, gold, silver	GHS 10.00
Tonic Wine	GHS 10.00
Madingo	GHS 10.00
Kalahari	GHS 10.00
Lime cordial	GHS 10.00
Apio	GHS 20.00

WHISKEYS

Black Rock	GHS 15.00
Black Label	GHS 30.00
Red Label	GHS 25.00
Jack Daniels	GHS 30.00
Jack Daniels Honey	GHS 30.00

LIOM

Tripple Sec	GHS 25.00
Cointreu	GHS 30.00
Baileys	GHS 30.00

TEQUILA

Mont Tequila	GHS 30.00
Olmecca Silva	GHS 30.00
Olmecca	GHS 30.00

COGNAC (BRANDY)

Hennessey vs	GHS 50.00
Hennessey vsop	GHS 60.00

BITTERS

Joy Dadi	GHS 10.00
Herb afrik	GHS 10.00
Adonko	GHS 10.00
Origin	GHS 10.00
Herbadingo	GHS 30.00
Origin Bitters	GHS 30.00