



Café Purple

just as nature intended

Because Real People Need Real Food, Our Menu is Nutritionally Curated by an Integrative Nutrition Health Coach for Real People Who are Passionate about Taste, Provenance and whole food recipes that are good for Human Health, Just as Nature Intended!

SALADS

LENTIL SALAD ----- GH¢ 95.00

Sprouted Lentil, Sweet Potatoes, Beetroot, Chickpeas, Swiss Chard, Spring Onions, Parsley and Mint

QUINOA PEANUT SALAD ----- GH¢ 95.00

Quinoa, Rocca, Parsley, Mint, Cabbage, Carrots, Edamame and Peanut.

KAMOUNET SALAD ----- GH¢ 85.00

A mix of Crushed Wheat and Spices, Tomatoes, Parsley, Lettuce, Spring Onions, Mint and Cranberry

CASSAVA TACO ----- GH¢ 95.00

Black beans, sweet corn, lettuce, tomatoes, avocado, Jalapeños, onions, cassava crisps, homemade salsa

V CESAR ----- GH¢ 100.00

Lettuce, kale, Seaweed, Roasted Chickpeas, Crispy Cassava, Cashew, Hemp Seeds. Dressing: Cashew Cream Caesar

ROASTED CAULIFLOWER ----- GH¢ 110.00

Cauliflower, Lettuce, Coriander, Garlic, Crispy Onions, Sun Dried Tomato, Cranberry, Mixed nuts, and wild thyme. Dressing: olive oil and tahini molasses

DESSERTS

(ask for available on the day)

CARROT GINGER CAKE ----- GH¢ 52.00

DARK CHOCOLATE AND ORANGE BROWNIES ----- GH¢ 52.00

TURMERIC AND GRAPE MOLASSES CAKE ----- GH¢ 52.00

APPLE TARTS ----- GH¢ 52.00

FRUIT SALAD ----- GH¢ 40.00

CAKE OF THE DAY ----- GH¢ 52.00

GOURMET WRAPS

AVOCADO-ZAATAR ----- GH¢ 90.00

Avocado, Zaatar Mix, Cucumber, Tomatoes, Mint, Spring Onions, served with Olives and a Drizzle of tahini

FALAFEL ----- GH¢ 90.00

Sprouted Bean Patte, Onions, Tomatoes, lettuce, Mint, Pickles and Cilantro Tahini Dressing.

GRILLED VEGETABLES WITH PESTO AND CASHEW CHEESE CREAM ----- GH¢ 95.00

Grilled Onions, Sweet Pepper, Aubergine, Zucchini, Carrots and Mushrooms, on a Bed of Cashew Cream, served with Pesto Sauce

HUMMUS WRAP ----- GH¢ 90.00

Hummus Spread, Roasted Eggplant, Roasted Zucchini, Cucumber, Tomatoes, Parsley, Coriander, Pickles and Homemade Mango Chutney

MUSHROOM ----- GH¢ 90.00

Mushroom, Garlic, Onions, Mixed herbs, Lettuce, kale, and Truffle dressing

Gluten free: Ask for cassava wrap

SMOOTHIES

GINGER SNAP ----- GH¢ 50.00

Fresh Coconut Milk, Banana, Ginger, Keepers Peanut Butter, Maple Syrup

TROPICAL STORM ----- GH¢ 50.00

Pineapple, Coconut, Mint

GOLDEN GODDESS ----- GH¢ 50.00

Mango, Turmeric Paste, Ginger, Date Paste, Fresh Coconut Milk

FUNKY MONKEY ----- GH¢ 50.00

Almond Milk, Cacao, Banana, Keepers Peanut Butter, Honey, Cacao nibs

OUR MEALS ARE MADE FRESH! PLEASE INQUIRE WITH OUR WAITER(S) FOR THE PREPARATION TIME AND DELIVERY FOR YOUR ORDER.

• ORGANIC • NATURAL • WHOLE FOOD • PLANT-BASED • REAL



JUICES AND COOLINGS

PINEAPPLE	GH¢ 25.00
ORANGE	GH¢ 25.00
WATERMELON	GH¢ 25.00
LEMONADE	GH¢ 25.00
ROSE SPRITZER	GH¢ 25.00
Sparkling Water, Rose Water, Rose Petal	
COCO CINNAMON	GH¢ 25.00
Coconut Water, Cinnamon, Ginger	
CHOCO-PEPPERMINT	GH¢ 39.00
Peppermint, Cocoa, Dates, Chia seeds, Coconut Milk	
ORANGE AND THYME SODA	GH¢ 32.00
Orange, Wild Thyme, Sparkling water, Honey	
COJITO	GH¢ 32.00
Coconut water, Mint, Ginger, Lime, Honey	

WELLNESS SHOTS

IMMUNITY	GH¢ 23.00
Ginger, Lime, Keepers Honey, Black seed and Himalayan salt	
SUPER GREENS	GH¢ 23.00
A blend of 12 organic superfoods	
POWER	GH¢ 23.00
Turmeric, Lemon, Keepers Honey and Fresh Coconut Water with a Dash of Black Pepper	

TEA

MENTAL CLARITY	GH¢ 25.00
Ginger, Gotu kola, Goji Berries and Rosemary	
SURRENDER	GH¢ 25.00
Passionflower, Vervain, Chamomile, Skullcap, Lavender	
DIGESTIVE	GH¢ 25.00
Fennel, Ginger, Cardamom, Lemon balm, Orange peel	
LET GO	GH¢ 25.00
Chamomile, Lemon balm, Lavender and Mint	
BREATH TEA	GH¢ 25.00
Peppermint, Sage, Rose	
GREEN TEA	GH¢ 20.00
BLACK TEA	GH¢ 20.00
Make your Own Mix	GH¢ 25.00

We Craft Our Own Tea

HOT COFFEE

SINGLE ESPRESSO	GH¢ 20.00
DOUBLE ESPRESSO	GH¢ 25.00
ESPRESSO MACCHIATO	GH¢ 25.00
AMERICANO	GH¢ 25.00
CAPPUCCINO	GH¢ 32.00
HOT TURMERIC	GH¢ 32.00
Turmeric, Espresso, Your choice of Milk	
CAFE LATTE	GH¢ 32.00

COLD COFFEE

ICED COFFEE	GH¢ 32.00
With Cardamom and Rose Water	
FRAPPUCCINO	GH¢ 39.00
ICED LATTE	GH¢ 32.00
TURMERIC FRAPPUCCINO	GH¢ 39.00
Turmeric, Espresso, Vanilla, Your choice of Milk	

Choose your Milk: Almond, Fresh Coconut, Semi-skimmed or Full Milk

NUTTY COFFEE	GH¢ 32.00
With Keepers Peanut Butter	

WATER

SMALL	GH¢ 13.00
LARGE	GH¢ 23.00
SPARKLING WATER	
SMALL	GH¢ 13.00
LARGE	GH¢ 23.00

BEER

SMALL	GH¢ 20.00
LARGE	GH¢ 23.00

WINE

WHITE WINE	GH¢ 70.00
ROSE WINE	GH¢ 70.00
RED WINE	GH¢ 70.00