

FROZEN SPOON



Freakshakes
Velvet dream..... **150.00**

SPECIAL

Freakshakes
Fudge Deluxe..... **150.00**



Freakshakes
Dolce swirl..... **140.00**



Red Velvet
Pancake..... **100.00**



Brownie waffle
with ice cream..... **130.00**



FROZEN  SPOON

SPECIAL

Pancake with Ice
cream on a cone..... **100.00**



Pancake with icecream
and chocolate sauce..... **80.00**



Marble Waffle..... **125.00**



WRAPS



Ham.....	50.00
Avocado and tomatoes.....	50.00
Tuna and mayonnaise.....	50.00
Chicken and sweet corn.....	50.00
Bacon and sweet corn.....	50.00
Sausage and avocado.....	50.00
Tuna and egg.....	50.00
Spicy tuna and sweet corn.....	50.00
Chicken Tikka.....	50.00
BBQ vegetable and bacon.....	50.00
Bacon and avocado.....	50.00
Chicken, bacon and sweet corn.....	55.00
Chicken, bacon and avocado.....	60.00
Chicken, bacon, avocado and egg.....	60.00
Tuna, cheese and olives.....	50.00
Sweet corn, avocado and feta cheese.....	55.00
Turkey and avocado.....	50.00
Bacon and avocado.....	50.00
Chicken and mayonnaise.....	50.00
BBQ chicken.....	50.00
BBQ chicken and avocado.....	55.00
Extras.....	10.00

BURGERS



Frozen spoon breakfast burger	
Bacon, cheese, tomatoes, cucumber, fried egg, lettuce, beef and mayonnaise.....	75.00
Beef burger.....	55.00
Bacon and cheese burger.....	70.00
Garlic butter burger.....	55.00
Bacon and avocado burger.....	70.00
Bacon and egg burger.....	70.00
Chicken and chips.....	60.00
Fries.....	30.00

FROZEN SPOON



CLUB SANDWICHES



Tuna and mayonnaise.....	55.00
Tuna and sweet corn.....	55.00
Tuna, avocado and sweet corn.....	60.00
Tuna and Avocado.....	55.00
Tuna and egg.....	55.00
Ham, egg and avocado.....	60.00
Chicken and mayonnaise.....	50.00
Chicken and avocado.....	55.00
Chicken and sausage.....	55.00
Chicken, avocado and egg.....	65.00
Chicken, cheese and egg.....	65.00
Chicken and bacon.....	60.00
Chicken, bacon and avocado.....	65.00
Chicken, bacon, cheese and avocado.....	65.00
Tuna and cheese.....	55.00
Ham and cheese.....	60.00
Bacon, cheese and avocado.....	65.00
Turkey, olives and melted mozzarella.....	60.00
Turkey and melted mozzarella.....	60.00
Turkey and feta, cheese.....	60.00
Turkey, bacon and avocado.....	65.00
Chicken, egg and ham.....	65.00
Turkey, ham and avocado.....	65.00
Turkey, bacon, ham.....	65.00
Extras.....	10.00



SALADS



D'Senzy salad	
Chicken, turkey, cheese, bacon, ham, egg, lettuce, cucumber, tomatoes and carrots.....	75.00
Frozen Spoon Special	
Lettuce, cucumber, tomatoes, sweet corn, bacon, carrots, chicken, egg and garlic bread.....	70.00
Chicken and avocado	
Chicken, avocado, lettuce, cucumber, tomatoes and garlic bread.....	65.00
Tuna, egg and avocado	
Tuna, egg, avocado, tomatoes, lettuce, cucumber and garlic bread.....	70.00
Tuna, apple and avocado	
Tuna, apple, lettuce, tomatoes, cucumber and egg.....	70.00
Tuna and sweet corn	
Tuna, sweet corn, lettuce, tomatoes, cucumber and garlic bread.....	65.00
Greek salad	
Olives, feta cheese, lettuce, tomatoes, cucumber and garlic bread.....	65.00
Chicken Greek salad	
chicken, feta cheese, olives, tomatoes, Lettuce, cucumber, garlic bread.....	65.00



LOCATE US AT: 3 SENCHI STREET,
AIRPORT RESIDENTIAL AREA,
OPPOSITE THE MIRAGE APARTMENTS.
FOR MORE INFORMATION :
055 738 8773 | 055 175 5466

ICE CREAM

A scoop of ice cream.....	25.00
A scoop of ice cream on a cone.....	35.00
Cone.....	10.00
2 scoops of ice cream on a cone.....	60.00
400 mls of ice cream.....	100.00
A litre of ice cream.....	250.00
Milkshake.....	80.00

BREAKFAST

Sausage, bacon, onions, green pepper, egg, toast and baked beans served with a cup of coffee, tea or hot chocolate.....80.00

Plain omelette with 2 slices of bread.....40.00

Ham and Cheese omelette with 2 slices of toast....50.00

Ham omelette with 2 slices of bread.....45.00

Scramble eggs plus sausage, baked beans plus coffe / tea or hot chocolate.....80.00

COFFEE

Espresso.....	25.00
Double espresso.....	30.00
Cappuccino.....	30.00
Caffe mocha.....	30.00
Coffee latte.....	30.00
American.....	20.00

FROZEN SPOON

JUICES

Passion fruit juice.....	35.00
Pineapple juice.....	30.00

YOGHURT

Yoghurt with granola.....	45.00
Yoghurt with pureed strawberries.....	45.00

WAFFLES

Plain waffle.....	40.00
Waffle with syrup.....	50.00
Waffle with whip cream.....	50.00
Waffle with banana, nuts and whip cream.....	60.00
Pancake.....	35.00
Pancake with nutella and banana.....	55.00
Pancake with maple syrup.....	45.00
Pancake with ice cream.....	60.00



SMOOTHIES

- Green reviver**
Kale, lemon juice, orange juice and banana.....40.00
- Raspberry heaven**
Raspberry, blueberry, apple and mango.....55.00
- Pineapple sunset**
Pineapple, papaya and mango.....40.00
- Organic sunshine**
Passion fruit juice, pineapple, mango and banana.....40.00
- Organic forest**
Pineapple, banana, lime and spinach.....40.00
- Mango and Strawberry**
Strawberry, mango and passionfruit juice.....50.00
- Mango passion**
Mangoe, orange juice, yoghurt and honey.....40.00
- Mango and banana blast**
Mango, banana, yoghurt and milk.....40.00
- Berry Fusion**
Blueberry, strawberry, yoghurt, honey and milk.....55.00
- Immune and Energy Booster**
Dragon fruit, passion fruit juice, orange juice, banana and ginger.....50.00
- Go Bananas**
Banana, cinnamon, yoghurt, honey and milk.....40.00
- Strawberry and Banana**
Strawberry, banana, yoghurt, honey, ginger and milk.....40.00
- Tropical Mojito**
Spinach, pineapple, mint, lemon juice, flaxseed and water.....40.00

