





MELON MANIA

Watermelon, Pineapple, Apple, Grapes.

GREEN JUICE

Spinach, Cucumber, Pineapple, Kiwi

TROPICAL FLAVOURS

Coconut, Banana, Pineapple

GRANOLA MIX

Oatmeal, Banana, Blueberry, Pineapple

CARROT CAKE

Carrot, Pineapple, Apple, Strawberry

MANGO BOOST

Mango, Banana, Apple, Chia seeds

SMOOTHIE BOWLS 4



CHOOSE TWO TOPPINGS:

Sliced Fruit, Cinnamon, Honey, Chia Seeds, Flax Seeds, Nuts, Coconut, Granola, Dried Fruit, Jam *** Additional Toppings - Ghc10 ***

THE FULL MONTY 4



This full English breakfast consists of two slices of bacon, two sausages (choice of Pork, Chicken or Quorn) mushrooms, baked beans, toast, grilled tomatoes, and hashbrowns served with tea or coffee.

1/2 PORTION - GHC70

>THE BIG PLATE 44



Oatmeal pancakes, two eggs your way, breakfast potatoes; select two of the following: breakfast sausage, quorn sausage, chicken sausage or bacon

Sub French toast, make vegan with Tofu Scramble

> THE SCRAMBLER 4



Three (3) eggs (or tofu) scrambled with onions, tomatoes and green pepper served on toasted sour dough bread.

- Tuna
- Salam
- Mushrooms

> TUNA MELT 4



Our tuna melt is made with tuna, tomatoes and mozzerella cheese topped with pickled red onions and grilled between two fresh slices of bread of your choosing.

> AVOCADO TOAST 4



Freshly made avocado mash on sourdough toast is topped with two eggs cooked to your choosing, cilantro, garlic, and a sprinkle of salt and pepper.

> RICE PUDDING 4



Creamy stovetop rice pudding made with milk and brown sugar, finished with nutmeg and vanilla.

RICE PUDDING 4

Available Toppings: Sliced Fruit, Cinnamon, Honey, Chia Seeds, Flax Seeds, Nuts, Chocolate Chips, Cacao Nibs, Coconut, Granola, Dried Fruit, Jam

BREAKFAST GNOCCHI SKILLET



Freshly Made Gnocchi, Pan seared your choice of Mushroom, Pesto and Egg or Sweetcorn, Tomato and Zucchini

FRENCH TOAST SANDWICH 44



This classic American staple is brought to a new level with a delicious filling of your choice.

- Cinnamon Apple
- Bacon, Sausage and Egg
- Mushroom and Cheese



Em Café M A I N M E N U



- BRUSCHETTA ¢55
- Mushroom
- SPINACH AND CREAM CHEESE \$60 **FLAT BREAD**
- FISH STICKS

· CALAMARI



 CHICKEN WINGS \$70 Buffalo, Salt n Pepper, Honey Glazed

- SPRING ROLLS ¢50
- Vegetable
- Beef

• SHRIMP SPRING ROLLS ¢55



• NICOISE SALAD ©120

Tuna Salad, the French Way! A Beautiful blend of Tuna, Potatoes, Eggs, Tomatoes, Cucumbers, Bell Peppers and Capers. Served with our delicious vinegarette.

CRISPY NOODLE SALAD

An Asian-style coleslaw with crunchy noodles, colorful vegetables, and chicken. Served with a creamy peanut dressing.

Chicken - Ghc120

Tofu - Ghc120

Salmon - Ghc300



Served with your choice of fries or sweet potato fries.

· CLASSIC BEEF



Melt in Your Mouth Organic Beef Patty cooked Medium Well, on a bed of lettuce and tomato, served with melted cheese, caramelised onions and our secret burger sauce

· OASIS BURGER (130



House Made, Assorted Sea Food Patty, seared or breaded, on a sumptuous Brioche Bun, served with freshly sliced onions, cucumber and lettuce.

- Sweet Chilli
- Sriracha

SIGNATURE CHICKEN BURGER

Beautifully Made Hand Crafted Chicken Burger loaded with coleslaw and your choice of Sweet Chilli, Honey Mustard or Sriracha Mayo.

• TOFU BURGER



Coated and Seared Tofu Slices, in between a soft brioche bun served with sliced fresh vegetables creating the perfect bite.

- Peanut Satay
- Sriracha



served with a side of your choice.

GRILLED CHICKEN

¢150

hours and Grilled to Perfection.

SMOTHERED PORK CHOPS



Pan-fried, super flavorful pork chops covered

LAMB LOLLIPOPS



VEGETABLE STROGANOFF ¢140



CREAMY GARLIC CHICKEN ¢185



Juicy slices of chicken simmered in a rich, flavorful cream sauce.

BRAISED BEEF SHORT RIBS



Tender cooked ribs in a delicious, rich sauce,

SALMON EN CROUTE



Succulent salmon, cream cheese and spinach, encased in crisp puff pastry to create the perfect crunchy creamy bite.

>> PASTAS 4

Cajun Creme Penne Pasta

Cajun alfredo-style pasta sauce perfectly layered with flavours from sauteed onions and garlic, salty parmesan cheese, and rich diced tomatoes.

Chicken - Ghc 150

Shrimp - Ghc 235

SPAGHETTI FRA DIAVOLO



This tomato sauce is an Italian Classic. It's simple, saucy, and SPICY! Add Chicken - Ghc150

> SIDES 4



- · Sautéed Potato
- Mashed Potato
- Fried Rice
- Tomato Basil Rice
- French Fries

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- · Cinnamon Apple French Toast Ghc65
- · Bread and Butter Pudding Ghc60
- · Chocolate Brownie Ghc55