

## SMOOTHIES

$1 \leqslant$
$(35)$

MELON MANIA<br>Watermelon, Pineapple, Apple, Grapes.

## GREEN JUICE

Spinach, Cucumber, Pineapple, Kiwi

## TROPICAL FLAVOURS

Coconut, Banana, Pineapple

## GRANOLA MIX

Oatmeal, Banana, Blueberry, Pineapple

CARROT CAKE
Carrot, Pineapple, Apple, Strawberry

MANGO BOOST
Mango, Banana, Apple, Chia seeds

## SMOOTHIE BOWLS $\leftarrow$

## 455

## CHOOSE TWO TOPPINGS:

## Coconut, Granola, Dried Fruit, Jam

*** Additional Toppings - Ghclo ***

## $\%$ THE FULL MONTY $\stackrel{\leftarrow}{*}$ <br> $\$ 120$

This full English breakfast consists of two slices of bacon, two sausages (choice of Pork, Chicken or Quorn) mushrooms, baked beans, toast, grilled tomatoes, and hashbrowns served with tea or coffee.

## To THE BIG PLATE $\ll$

$\$ 95$

Oatmeal pancakes, two eggs your way, breakfast potatoes; select two of the following: breakfast sausage, quorn sausage, chicken sausage or bacon

Sub French toast, make vegan with Tofu Scramble

## 〒 THE SCRAMBLER $\bullet \nless$

$\$ 65$

Three (3) eggs (or tofu) scrambled with onions, tomatoes and green pepper served on toasted sour dough bread.

- Tuna
- Salami
- Mushrooms


## To TUNA MELT $\bullet \nless$

465

Our tuna melt is made with tuna, tomatoes and mozzerella cheese topped with pickled red onions and grilled between two fresh slices of bread of your choosing.

## TAVOCADO TOAST $\mathbb{E}$

## 40

Freshly made avocado mash on sourdough toast is topped with two eggs cooked to your choosing, cilantro, garlic, and a sprinkle of salt and pepper.
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## \# RICE PUDDING e«

$\$ 55$

Creamy stovetop rice pudding made with milk and brown sugar, finished with nutmeg and vanilla.

## To RICE PUDDING $1<$

Available Toppings: Sliced Fruit, Cinnamon, Honey, Chia Seeds, Flax Seeds, Nuts, Chocolate Chips, Cacao Nibs, Coconut, Granola, Dried Fruit, Jam

# TBREAKFAST GNOCCHI SKILLET <br> 480 <br> Freshly Made Gnocchi, Pan seared your choice of Mushroom, Pesto and Egg or <br> Sweetcorn, Tomato and Zucchini 

FRENCH TOAST SANDWICH $\llcorner$
180

This classic American staple is brought to a new level
with a delicious filling of your choice.

- Cinnamon Apple
- Bacon, Sausage and Egg
- Mushroom and Cheese
- BRUSCHETTA 455
- Tomato
- Mushroom


## - SPINACH AND CREAM CHEESE 60 FLAT BREAD

## - CHICKEN WINGS 770

Buffalo, Salt n Pepper, Honey Glazed

- SPRING ROLLS $\$ 50$
- Vegetable
- Beef
- FISH STICKS
$\$ 78$
- CALAMARI $\$ 85$
- SHRIMP SPRING ROLLS
$\$ 55$


SALADS

## - NICOISE SALAD $\$ 120$

Tuna Salad, the French Way! A Beautiful blend of Tuna, Potatoes, Eggs, Tomatoes, Cucumbers, Bell Peppers and Capers. Served with our delicious vinegarette.

- CRISPY NOODLE SALAD

An Asian-style coleslaw with crunchy noodles, colorful vegetables, and chicken. Served with a creamy peanut dressing.
Chicken - Ghcl20 Tofu - Ghcl20
Salmon-Ghc300

BURGERS
$0<$
Served with your choice of fries or sweet potato fries.

## - CLASSIC BEEF

(130
Melt in Your Mouth Organic Beef Patty cooked Medium Well, on a bed of lettuce and tomato, served with melted cheese, caramelised onions and our secret burger sauce

## - OASIS BURGER

## $\$ 130$

House Made, Assorted Sea Food Patty, seared or breaded, on a sumptuous Brioche Bun, served with freshly sliced onions, cucumber and lettuce.

- Sweet Chilli
- Sriracha


## - SIGNATURE CHICKEN BURGER

$\$ 130$
Beautifully Made Hand Crafted Chicken Burger loaded with coleslaw and your choice of Sweet Chilli, Honey Mustard or Sriracha Mayo.

## - TOFU BURGER

Coated and Seared Tofu Slices, in between a soft brioche bun served with sliced fresh vegetables creating the perfect bite.

- Peanut Satay
- Sriracha


## - GRILLED CHICKEN <br> $\$ 150$

Succulent Whole Chicken Leg, marinated for 24 hours and Grilled to Perfection.

## - SMOTHERED PORK CHOPS

## \$210

Pan-fried, super flavorful pork chops covered beautifully in rich onion gravy.

## - LAMB LOLLIPOPS <br> \$250

Seared Lamb Chops Served with a rich mint pesto and a side of your choice.

## - CREAMY GARLIC CHICKEN

$\$ 185$
Juicy slices of chicken simmered in a rich, flavorful cream sauce.

- BRAISED BEEF SHORT RIBS
$\$ 210$
Tender cooked ribs in a delicious, rich sauce, served over creamy mashed potatoes.


## - SALMON EN CROUTE <br> $\$ 290$

Succulent salmon, cream cheese and spinach, encased in crisp puff pastry to create the perfect crunchy creamy bite

## - VEGETABLE STROGANOFF

A vegetarian stroganoff that's as rich and delicious as its meaty cousin.

## Cajun Creme Penne Pasta

Cajun alfredo-style pasta sauce perfectly layered with flavours from sauteed onions and garlic, salty parmesan cheese, and rich diced tomatoes.

Chicken - Ghc $150 \quad$ Shrimp - Ghc 235

## - SPAGHETTI FRA DIAVOLO

This tomato sauce is an Italian Classic. It's simple,
saucy, and SPICY!
Add Chicken - Ghc150

## SIDES

## \$35

## - Sautéed Potato

- Mashed Potato
- Fried Rice
- Tomato Basil Rice
- French Fries


## To DESSERTS

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\begin{aligned}
& \text { - Cinnamon Apple French Toast - Ghc65 } \\
& \text { - Bread and Butter Pudding - Ghc60 } \\
& \text { - Chocolate Brownie - Ghc55 }
\end{aligned}
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