

BARBEL

RESTAURANT
TALES FROM THE SEA

MENU

SOUP

LENTIL SOUP 60^{GH}

SALADS

PINEAPPLE SEAFOOD SALAD 160^{GH}

MIXED SEAFOOD

Fattouch 120^{GH}

LETTUCE, CUCUMBER, TOMATO, RADISH, MINT, LEMON,
OLIVE OIL WITH POMEGRANATE SAUCE

Tabbouleh 120^{GH}

PARSLEY, TOMATO, ONION, MINT, LEMON,
BURGHOL WITH OLIVE OIL SAUCE

Rocca Salad 100^{GH}

ROCCA, BEETROOT, WHITE ONION, TOMATO AND LEMON OIL SAUCE

Mermaid Salad 150^{GH}

KALE, AVOCADO, CALAMARI, SHRIMP,
SAUCE TARTAR AND SAUCE COCKTAIL

Quinoa Shrimp Salad 160^{GH}

QUINOA, HONEY, SHRIMP, AVOCADO AND MANGO

CAESAR SALAD 100^{GH}

ICEBERG, ROASTED TOAST, PARMESAN CHEESE WITH CAESAR SAUCE

ADD CHICKEN 30^{GH}

ADD SHRIMP 45^{GH}

CRUNCHY SALMON SALAD 160^{GH}

FRESH SALMON, CRUNCHY SAUCE, GREEN TOBIKO,
CRISPY, ICEBERG, AVOCADO

CRAB SALAD 160^{GH}

CRAB STICKS, CUCUMBER, CARROTS, MANGO,
AVOCADO, RED TOBIKO

CRAB SHRIMP SALAD 160^{GH}

CRAB STICK, SHRIMP, SHRIMP BALLS, RED TOBIKO, JAPANESE MAYO,
CARROTS, CUCUMBER, AVOCADO, MANGO, APPLE

Beetroot Salad 150^{GH}

Beetroot, Corn, Onion, Olive Oil

RAW

Frakeh MEAT 130^{GH}

FRESH RAW MEAT, BURGHOL, MIXED WITH HERBS AND CHILLI

Kafta MEAT 130^{GH}

FRESH RAW MEAT, PARSLEY, ONION AND SPICES

Malsi MEAT 130^{GH}

FRESH RAW MEAT

Kebbeh Raw 130^{GH}

FRESH RAW MEAT, Burghol and Herbs

Combo Raw Meat 195^{GH}

MIXED RAW MEAT (FRAKEH, KAFTA, MALSI AND KEBBEH)

COLD MEZZA

Hummus Traditional 80^{GH}

ChickPeas Mixed With Tahina And Olive Oil

BABEL HUMMUS 85^{GH}

CHICKPEAS Mixed With Tahina, Pesto, And spicy Walnuts

HUMMUS WITH MEAT 100^{GH}

CHICKPEAS MIXED WITH TAHINA AND OLIVE OIL
TOPPED WITH FRIED BEEF

HUMMUS MIX 90^{GH}

Pesto Hummus, Chili Hummus and Muhamara Hummus

HINDBA 80^{GH}

HINDBA LEAVES, GARLIC, ONION, AND OLIVE OIL

Mutabal 80^{GH}

Grilled Eggplant, Tahina And Olive Oil

Warak Enab 80^{GH}

Grape Leaves, Tomato, Parsley, Mint, Rice And Lemon Sauce

Muhammara 90^{GH}

Red CapiCum, CHilli Paste, Bread CRumbs Walnuts
And Pomegrante Sauce

Tajen 100^{GH}

Onion, CapiCum, Tomato, Tahina With CHilli Sauce

BABA GHANOJ 90^{GH}

Grilled Eggplant with mixed vegetables

HOT MEZZA

Shrimp Provincial 140^{GH}

Shrimps, Garlic, Lemon Juice, Coriander, Butter and paprika

Shrimp Pane 140^{GH}

Shrimps with special Chilli Sauce

Fatteh Shrimp 160^{GH}

FRIED BREAD, MIXED YOGHURT WITH GARLIC, EGGPLANT, SHRIMP, TOPPED WITH NUTS AND BUTTER

Dynamite Shrimp 140^{GH}

SHRIMPS WITH CHILLI SAUCE

SHRIMP CHEESE ROLL 130^{GH}

FRIED SPRING ROLLS STUFFED WITH CHEESE AND SHRIMP

BUTTERFLY SHRIMP 140^{GH}

SHRIMP BREAD IN OSMALIEH AND CHEESE WITH SPECIAL SAUCE

Mustard Honey shrimp 140^{GH}

SHRIMP, GARLIC, HONEY, MUSTARD, AND SESAMI BLACK SEEDS

Calamari Provincial 120^{GH}

CALAMARI, GARLIC, LEMON JUICE, CORIANDER, BUTTER AND PAPRIKA

Calamari Pane 120^{GH}

CALAMARI, BREAD CRUMBS, AND SPECIAL SAUCES

Bezri 100^{GH}

FRIED BREAD, SERVED WITH TARATOR SAUCE

Meat roll (SAMBOUSEK) 90^{GH}

Fried spring roll stuffed with meat

Ras Asfour Beef 95^{GH}

FRESH BEEF WITH POMEGRANATE SAUCE.

Fried Beef Kebbeh 95^{GH}

STUFFED MINCED BEEF WITH BURGHOL, ONION,
NUTS, AND LEBANESE SPICES

Cheese Roll 80^{GH}

FRIED SPRING ROLL STUFFED WITH MIX CHEESE

Hot Spiced Potato 70^{GH}

FRIED POTATO, GARLIC, CHILLI PASTE AND CORIANDER

Eggplant Fried 90^{GH}

FRIED EGGPLANT SERVED WITH GARLIC AND LEMON OIL SAUCE

Cauliflower 90^{GH}

FRIED CAULIFLOWER SERVED WITH TARATOR SAUCE

Makanek 95^{GH}

BEEF MAKANEK WITH POMEGRANATE SAUCE

French Fries 55^{GH}

FRIED FRIES

Sojok 95^{GH}

Fresh Beef with Special Spices

Mozzarella Sticks 100^{GH}

Fried breaded mozzarella cheese served with special babel's sauce

MAIN SEAFOOD

Fish Sayadieh 200^{GH}

BAKED FISH SERVED WITH BROWN RICE,
NUTS AND LEMON BROWN SAUCE

SAMKE HARRA 150^{GH}

GRILLED FISH , SPICE RED SAUCE , TOPPED WITH NUTS
AND CORIANDER SERVED WITH WHITE RICE

Seafood Paella 220^{GH}

RICE, FRESH MIX CAPSICUM, MIX SEAFOOD
ONION GARLIC SERVED WITH PAELLA SAUCE

Grouper Fillet 250^{GH}

GRILLED FISH FILLET, SAUTED VEGETABLES
AND CREAM SAUCE. (RICE OR FRIES)

Grilled Prawns 290^{GH}

MARINATED SHRIMP GRILLED SERVED
WITH SAUTED VEGETABLES AND CREAMY SAUCE. (RICE OR FRIES)

Salmon Fillet 290^{GH}

MARINATED GRILLED SALMON, WITH A CREAMY SAUCE (RICE OR FRIES)

Marinated Grilled Octopus 230^{GH}

MARINATED GRILLED OCTOPUS WITH SAUTED VEGETABLES AND CHILI
LEMON SAUCE WITH SPECIAL PASTA ON THE TOP

SEAFOOD PLATTER 610^{GH}

MIX OF FRESH SEAFOOD VARIETIES

Salted Fish Cave Per Kg(Takes an Hour TO Cook) 490^{GH}

Grilled Marinated Grouper Fish Covered With Salt

Breaded Tiger Prawn 250^{GH}

500g Breaded Fried Prawns With Babel SPECIAL SAUCE

MAIN CHICKEN & MEAT

CHICKEN SHAWARMA 140^{GH}

SLICED MARINATED CHICKEN WITH LEBANESE SPICES SERVED WITH FRENCH FRIES AND GARLIC SAUCE

GRILLED CHICKEN BREAST 160^{GH}

GRILLED CHICKEN BREAST WITH SAUTED VEGETABLES AND ROSE SAUCE. (RICE OR FRIES)

CHICKEN ESCALOP 160^{GH}

BREADED CHICKEN BREAST, COLESLAW, FRENCH FRIES AND GARLIC SAUCE

CRISPY CHICKEN STRIPS 160^{GH}

BREADED CHICKEN STRIPS, FRENCH FRIES AND GARLIC SAUCE

GRILLED STEAK FILLET 285^{GH}

STEAK BEEF FILLET SERVED WITH SAUTED VEGETABLES AND MUSHROOM SAUCE. (RICE OR FRIES)

Beef Shawarma 140^{GH}

Sliced Beef Marinated with special spices served with tahina and French fries

MAIN VEGETARIAN & PASTA

FALAFEL (V) 100^{GH}

FRIED CHICKPEAS, CORIANDER, ONION, GARLIC SERVED WITH TAHINA

FETTUCINE ALFREDO 120^{GH}

AL DENTE PASTA IN A CREAMY DREAMY SAUCE AND FRESH PARMESAN CHEESE

ADD CHICKEN **30^{GH}**

ADD SHRIMP **45^{GH}**

PENNE ARRABBIATA 120^{GH}

PENNE PASTA WITH A SPICY SAUCE MADE OF TOMATOES COOKED WITH CHILI PEPPERS

SPAGHETTI BOLOGNESE 120^{GH}

SPAGHETTI, MINCED BEEF WITH TOMATO SAUCE

BY KG

Beef Kafta 350^{GH}

KAFTA SKEWERS WITH FRIES AND HUMMUS

Chicken Tawook 350^{GH}

CHICKEN TAWOOK SKEWERS WITH FRIES, HUMMUS AND GARLIC SAUCE

Beef Tika 400^{GH}

BEEF SKEWERS WITH FRIES AND HUMMUS

Orfalli 400^{GH}

Beef skewers with special spices and cheese with fries and hummus

Khashkhash 400^{GH}

Beef skewers with pepper and capsicum with hummus and fries

MIX GRILL 380^{GH}

FROM THE GRILL

Beef kafta 160^{GH}

KAFTA SKEWERS WITH FRIES AND HUMMUS

Chicken Tawook 160^{GH}

CHICKEN TAWOOK SKEWERS WITH FRIES, HUMMUS AND GARLIC SAUCE

Beef TikKa 195^{GH}

BEEF SKEWERS WITH FRIES AND HUMMUS

Lamb chops 203^{GH}

LAMB CHOPS WITH FRIES AND HUMMUS

Mix Grill 180^{GH}

MIX GRILL OF BEEF KAFTA, CHICKEN TAWOOK,
AND BEEF TIKKA WITH FRIES AND HUMMUS

Chicken wings 120^{GH}

Grilled wings, served with trio sauce

Grilled kebbeh 130^{GH}

Beef kebbeh with pomegranate and pepper

Aarayes Kafta 100^{GH}

Beef Kafta with pomegranate and pepper Add cheese. 30 GHS

Half Grilled chicken 140^{GH}

Marinated grilled chicken with garlic and French fries

Khashkhash 140^{GH}

Beef skewers with pepper and capsicum with hummus and fries

Orfalli 140^{GH}

Beef Skewers with special spices and cheese with fries and hummus

FROM THE FISH AREA BY KG

Fish 300^{GH}

Shrimp 400^{GH}

Lobster 450^{GH}
(upon availability)

Raw fish 150^{GH}
(upon availability)

BABEL'S SASHIMI 3PCS

BABEL'S SASHIMI 3PCS 75^{GH}

SALMON
CRAB

BABEL'S SUSHI 2PCS

BABEL'S SUSHI 75^{GH}

SALMON
SHRIMP
CRAB

HOSO MAKI 3PCS

HOSO MAKI (3pcs) 45^{GH}

SHRIMP HOSO
SALMON HOSO
CRAB HOSO

HOSO MAKI VEGI 3PCS

HOSO MAKI VEGI (3pcs) 35^{GH}

CUCUMBER HOSO
MANGO HOSO
AVOCADO HOSO

URA MAKI 4PCS

URA MAKI (4pcs) 75^{GH}

TOBIKO CALIFORNIA
(CRAB STICKS, AVOCADO, MANGO, CUCMBER, RED TOBIKO)
CRISPY CRAB
(CRAB MIX, AVOCADO, CRISPY)
CRISPY SALMON
(SALMON, CRISPY)
CRISPY SHRIMP
(SHRIMP MIX, MANGO, CRISPY)

URA SPECIAL MAKI 4PCS

URA SPECIAL MAKI(4pcs) 85^{GH}

SHRIMPY

(SHRIMP TEMPURA, ICEBERG, AVOCADO, CRISPY)

WATASHI NOAI

(CRAB MIX, AVOCADO, PHILADELPHIA CHEESE, SMOKED SALMON)

AISHITERU

(SHRIMP TEMPURA, ICEBERG, AVOCADO, CRAB WRAP)

KAWAI

(GRILLED SALMON, CUCUMBER, SESAMI SEED, AVOCADO, CRISPY)

OISHII DESU

(SHRIMP CRAB MIX, MANGO WRAP, SHRIMP BALL)

SET MENU

SASHIMI ON ICE 12PCS 250^{GH}

(SALMON, SHRIMP, CRAB)

SALMON LOVERS 12PCS 300^{GH}

(SASHIMI, SUSHI, CRISPY SALMON, SALMON HOSO)

CRAB SET 12PCS 270^{GH}

(SASHIMI CRAB, SUSHI CRAB, HOSO CRAB, CRISPY CRAB)

BABEL'S CHEF CHOICE 25PCS 490^{GH}

(SHRIMPY, WATASHI NOAI, KAWAI, CRISPY CRAB, AVOCADO HOSO, MANGO HOSO, SALMON HOSO)

BABEL FUSION ROLLS 50PCS 850^{GH}

(SASHIMI SALMON, SASHIMI CRAB, SHRIMP SUSHI, CRAB SUSHI, MANGO HOSO, AVOCADO HOSO, CRISPY SHRIMP, CRISPY CRAB, CRISPY SALMON, TOBIKO CALIFONIA, AISHITERU, KAWAI)

CREPE

NUTELLA 95^{GH}

(CREPE, NUTELLA, DARK CHOCOLATE,
WHITE CHOCOLATE)

ADD BELGIAN CHOCOLATE 30 GHC

ADD ICE CREAM 35 GHC

ADD KASHTA. 40 GHC

KINDER 95^{GH}

(CREPE, BANANA, KINDER, BELGIAN
CHOCOLATE, WHITE CHOCOLATE)

ADD BELGIAN CHOCOLATE 30 GHC

ADD ICE CREAM 35 GHC

ADD KASHTA. 40 GHC

LOTUS 95^{GH}

(CREPE, LOTUS BISCUIT, LOTUS
CHOCOLATE, BELGIAN CHOCOLATE, WHITE
CHOCOLATE)

ADD BELGIAN CHOCOLATE 30 GHC

ADD ICE CREAM 35 GHC

ADD KASHTA. 40 GHC

FETTUCCINE 95^{GH}

(CREPE, BELGIAN CHOCOLATE, WHITE
CHOCOLATE, DARK CHOCOLATE, VANILLA
ICE CREAM)

ADD BELGIAN CHOCOLATE 30 GHC

ADD ICE CREAM 35 GHC

ADD KASHTA. 40 GHC

BROWNIES 95^{GH}

(CREPE, BROWNIES, BELGIAN CHOCOLATE,
WHITE CHOCOLATE, DARK CHOCOLATE
AND VANILLA ICE CREAM)

ADD BELGIAN CHOCOLATE 30 GHC

ADD ICE CREAM 35 GHC

ADD KASHTA. 40 GHC

OREO 95^{GH}

(CREPE, OREO BISCUIT, BELGIAN CHOCOLATE, WHITE CHOCOLATE, DARK CHOCOLATE)

ADD BELGIAN CHOCOLATE 30 GHC

ADD ICE CREAM 35 GHC

ADD KASHTA. 40 GHC

BABEL 120^{GH}

(CREPE, ICE CREAM KASHTA, PISTACHIO ICE CREAM, BELGIAN CHOCOLATE, DARK CHOCOLATE, WHITE CHOCOLATE, PISTACHIO NUTS, CREAM)

ADD BELGIAN CHOCOLATE 30 GHC

ADD ICE CREAM 35 GHC

ADD KASHTA. 40 GHC

LEBANESE SWEETS

Osmalieh 125^{GH}

(Kashta, Osmalieh, Pistachio, Sugar Syrup)

Pistachio Mafroukeh 200^{GH}

(Pistachio Dough, Kashta, Nuts, Ghazleh)

CAKE

BROWNIES 110^{GH}

(BROWNIES, VANILLA ICE CREAM, BELGIAN CHOCOLATE)

FONDONT 125^{GH}

(FONDONT, VANILLA ICE CREAM, DARK CHOCOLATE, ICING SUGAR)

SPECIAL BABEL VOLCANO 140^{GH}

(Pancake Mix, Whipped Cream, Fondonte, Belgian Chocolate, banana) choice of Lotus or Oreo

CHEESE CAKE 125^{GH}

Raspberry/Strawberry/Lotus/Oreo

WAFFLE

NUTELLA 110^{GH}

OREO 110^{GH}

LOTUS 110^{GH}

KINDER 110^{GH}

MILK SHAKE

EMPERIOR SHAKE 80^{GH}

(VANILLA ICE CREAM, MILK, MANGO, CREAM)

LOTUS 80^{GH}

(VANILLA ICE CREAM OR LOTUS, MILK,
LOTUS BISCUIT, CREAM, LOTUS CHOCOLATE)

KINDER 80^{GH}

(MILK, VANILLA ICE CREAM, KINDER, SAUCE CHOCOLAT, CREAM)

OREO 80^{GH}

(MILK, OREO ICE CREAM, CHOCOLATE SAUCE, OREO BISCUIT, CREAM)

STRAWBERRY 80^{GH}

(MILK, VANILLA ICE CREAM, STRAWBERRY SYRUP,
STRAWBERRY FROZEN CREAM, SPRINKLES)

CHOCOLATE SHAKE 80^{GH}

(MILK, ICECREAM CHOCOLATE, NUTTELA, CREAM)

AVOCADO

AVOCADO_MANGO 110^{GH}

- AVOCADO MANGO (AVOCADO, MANGO JUICE, MANGO, HONEY, KASHTA, ALMOND, PISTACHIO, RAISIN)

AVOCADO STRAWBERRY 110^{GH}

(AVOCADO, STRAWBERRY, STRAWBERRY JUICE, HONEY, ALMOND, PISTACHIO, RAISIN)

AVOCADO CHOCOLATE 110^{GH}

(AVOCADO, NUTELLA CHOCOLATE, KASHTA, ALMOND, PISTACHIO, RAISIN)

AVOCADO_ROYAL 110^{GH}

(AVOCADO, KASHTA DOUBLE, ALMOND, PISTACHIO, BLOND RAISIN, HONEY)

AVOCADO_CUP 110^{GH}

(AVOCADO SHAKE, KASHTA, HONEY, ALMOND, PISTACHIO, BLOND RAISIN, MELON, PINEAPPLE, APPLE, PEAR, GRAPES, DRAGON FRUIT, KIWI, MANGO, WATERMELON, PASSION FRUIT, CHERRY)

FRUIT SALAD 125^{GH}

(Avocado Shake, banana, Mango Juice, Strawberry Juice, apple, Pineapple, Kashta, Almond, Pistachio, Kiwi, Melon, Watermelon, Pear, Peach, Mango, Strawberry Juice, Grapes, Cherry)

PLATE

KASHTA PLATE 145^{GH}

Kashta, Honey, Almond, Pistachio, Blond Raisin, Pineapple,, Water, Apple, Mango, Grapes, Dragon Fruit, Star Fruit, Passion

FRUIT PLATE 110^{GH}

FRUIT COCKTAILS

BABEL MIX 110^{GH}

(ORANGE JUICE, MANGO CAN, SUGAR, STRAWBERRY)

EXOTIC 110^{GH}

(MANGO JUICE, PASSION FRUIT, DRAGON FRUIT)

ICELAND JUICE 110^{GH}

(Strawberry , Passion Fruit, Kiwi)

CALIFORNIA 110^{GH}

(ORANGE, PINEAPPLE, STRAWBERRY)

COCKTAILS JUICE 110^{GH}

(STRAWBERRY JUICE, MANGO CAN, GUAVA, BANANA)

ATLANTIC JUICE 110^{GH}

(Passion Fruit, Mango , Strawberry)

ICE CREAM

ICE CREAM FLAVOURS 35^{GH}

BABEL ICE CREAM

ASHTA ICE CREAM

CAVIAR ICE CREAM

DARK CHOCOLATE ICE CREAM

{Sugar Free}

OREO LOTUS

STRAWBERRY PISTACHIO

SPECIAL ICE CREAM

Chocola Mou 130^{GH}

(Chocolate Ice Cream, Whipped Cream,
Belgian Chocolate Sauce, Nuts)

Strawberry Mou 130^{GH}

(Strawberry Ice Cream, Whipped Cream, Strawberry Syrup)

FRESH JUICE

FRESH JUICE 70^{GH}

ORANGE
LEMONADE
MINT LEMONADE
MANGO
PINEAPPLE
STRAWBERRY
FRESH JUICE
WATERMELON

WATER

BEL AQUA SMALL 15^{GH}

BEL AQUA SMALL

BEL AQUA LARGE 35^{GH}

BEL AQUA LARGE

VERNA SMALL 15^{GH}

VERNA SMALL

VERNA LARGE 35^{GH}

VERNA LARGE

SPARKLING WATER SMALL 40^{GH}

SPARKLING WATER SMALL

SPARKLING WATER LARGE 55^{GH}

SPARKLING WATER LARGE

SOFT DRINKS

COCA COLA, SPRITE, FANTA ,
COCA COLA DIET ,SPRTIE DIET,
GINGER ALE ,SODA ,TONIC **35^{GH}**

COCA COLA
SPRITE
FANTA
COCA COLA DIET
GINGER ALE
SODA
TONIC

RED BULL **55^{GH}**
RED BULL DIET **55^{GH}**
AYRAN **45^{GH}**

HOT DRINKS

TEa **20^{GH}**
Tea

TurKiSh CoffEe **30^{GH}**
TURKISH COFFEE

EsPrEsSo **30^{GH}**
ESPRESSO

DoUblE EsPrEsSo **40^{GH}**
DOUBLE ESPRESSO

CafÉ LaTE **65^{GH}**
CAFÉ LATE

CaPpUcCINo **65^{GH}**
CAPPUCCINO

WHITE COFFEE **35^{GH}**

HOT CHOCOLATE **65^{GH}**

NESCAFE **65^{GH}**

COCOA **65^{GH}**

COLD DRINKS

Caramel Frappe **80^{GH}**

Moccha Frappe **80^{GH}**

ICE COFFEE **60^{GH}**

SHISHA

DOUBLE APPLE SHISHA 130^{GH}

DOUBLE APPLE SHISHA

Grape Mint Shisha 130^{GH}

Grape Mint Shisha

Mint Shisha 130^{GH}

MINT SHISHA

WATER MELON 130^{GH}

WATER MELON SHISHA

LEMON MINT Flavour 130^{GH}

LEMON MINT SHISHA

LOVE 66 SHISHA 130^{GH}

LOVE 66 SHISHA

TOBACCO SHISHA 150^{GH}

TOBACCO SHISHA

BABEL'S VULCANO 160^{GH}

BABEL'S VULCANO

Blueberry Shisha 130^{GH}