

All Prices Exclude 17.5% tax.

# au Grand Ecuyer



## FRENCH RESTAURANT

### INDIAN DISHES

Sauce vindalo,  
sauce madras,  
sauce korma

Protein: Beef or fish or  
chicken or vegetables.

Carbohydrate:

Plain rice

Fried rice

Aloo (potato)

Chapatti

**GH¢60**

**Per Plat**



*Thank You.*

*Please Come Again!*

Ring Road, Opp. Undp

Mob: 024 415 3975 / 024 119 8601

P. O. Box Tf 464

Trade Fair, Accra- Ghana

7.5% tax.

# au Grand Ecuver



## FRENCH RESTAURANT

### KEDJENOU (CHICKEN LIGHT SOUP)

|   |       |
|---|-------|
| Quart de Poulet Kedjenou<br>(Quarter Chicken Kedjenou)... | 23.00 |
| Demi poulet kedjenou.....                                 | 32.00 |
| (Half Chicken Kedjenou)                                   |       |
| Un Poulet Kedjenou.....                                   | 60.00 |
| (Whole Chicken Poulet)                                    |       |

### GARNITURES (ALONE)

|                             |       |
|-----------------------------|-------|
| Riz Blanc (Plain Rice)..... | 8.00  |
| Fried Rice.....             | 10.00 |
| Riz Curry (Curry rice)..... | 10.00 |
| Pomme Frite.....            | 10.00 |
| (French fries)              |       |
| Pomme Sautee.....           | 10.00 |
| (Saute Potato)              |       |
| Aloko (Fried Plantain)..... | 10.00 |
| Attieke.....                | 10.00 |
| Fried Yam.....              | 10.00 |
| Banku.....                  | 1.00  |
| Mash Potato.....            | 15.00 |
| Green Beans.....            | 15.00 |
| Boiled Yam.....             | 10.00 |
| Vegetable Saute.....        | 15.00 |
| Couscous.....               | 15.00 |
| Plain Jollof.....           | 10.00 |

### DESSERT

|                                |       |
|--------------------------------|-------|
| Moussés au chocolat.....       | 15.00 |
| (Chocolate Mousse)             |       |
| Salade de fruits exotique..... | 20.00 |
| (Exotic Fruit Salad)           |       |
| Tarte coco (Coco Tarte).....   | 15.00 |
| Creme caramel.....             | 15.00 |
| (Cream Caramel)                |       |
| Glaces (Ice Cream).....        | 15.00 |
| Banana Split.....              | 15.00 |
| Fruit du jour.....             | 15.00 |
| (The Day's Friuts)             |       |
| Cafe (Coffee).....             | 10.00 |
| The tea.....                   | 10.00 |
| Cappuccion.....                | 20.00 |
| Irish Coffee.....              | 20.00 |
| Expresso Coffee.....           | 10.00 |



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### GRILLED FISH

- Tilapia Grille
  - Grilled Tilapia
  - Du Bar Grille
  - Grilled Cassava Fish
  - Daurade Grillee
  - Grilled Snapper
  - Tilapia Light Soup
- } GH¢45  
or  
GH¢55

### VIANDES (BEEF)

- Filet de Boeuf au piovre... GH¢35  
(Pepper Steak)
- Tournedos (Tournedo)..... GH¢40
- Filet de boeuf Grille..... GH¢30  
(Grilled Beef Steak)
- Emincee de boeuf au  
piovre..... GH¢30  
(Shredded Beef With Green Pepper  
Coun)
- Emincee de beouf aux  
legumes..... GH¢35  
(Shredded Beef With Vegetables)
- Brochettes de filet de boeuf  
(2 Sticks )..... GH¢25
- Navarin d' agneau..... GH¢35  
(Lamb With Tomato Sauce)

### VOLAILLES

- Quart de Poulet Grille.... GH¢20  
(Quarter Grilled Chicken)
- Demi Poulet Grille..... GH¢30  
(Half Grilled Chicken)
- Un Poulet Grille..... GH¢45  
(Whole Grilled Chicken)
- Brochettes de Poulet.... GH¢25  
(Chicken Khebab)
- Escalope de Blanc  
de Volaille..... GH¢30  
(Chicken Breast With Brown Sauce  
and Mushroom)
- Fondant de poulard..... GH¢30  
(Chicken Boneless With Brown  
Sauce and ,Pepper Corn)
- Quart de Poulet Sauteaux  
petits legumes..... GH¢30  
(Quarter Saute of Chicken With  
Small Vegetables)
- Demi Poulet saute aux petits  
legumes..... GH¢35  
(Half chicken Saute With Small  
Vegetables)
- Un poulet saute aux petits  
legumes..... GH¢60  
(Whole Chicken Saute)

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## FRENCH RESTAURANT

### ENTRES (Starters)

- Salade Verte..... GH¢20  
(Green Salad)
- Salade Mixte..... GH¢25  
(Mixed Vegetables Salad)
- Salade de Tomato..... GH¢20  
(Tomato Salad)
- Cocktail de Crevettes Aux  
Avocat ..... GH¢30  
(Avocado and Shrimps)
- Salade Nicoise..... GH¢30  
(mixed vegetable with green beans  
tuna and eggs)
- Salade Mimosa..... GH¢25  
(Mimosa Salad)
- Salade de Crevettes  
Sautees..... GH¢30  
(green salad with shrimps saute)
- Salade de Blanc  
De Volaille..... GH¢30  
(Green salad with chicken breast)
- Salade Composee..... GH¢35  
(Mixed vegetables salad with  
shrimps and chicken)

### SOUPES (soups)

- Soupe de Tomate..... GH¢20  
(Tomato Soup)
- Soup de Poisson..... GH¢25  
(Fisherman Soup)
- soupe de volaille..... GH¢25  
(Chicken Soup)
- Soupe al'oignon..... GH¢25  
(French onion soup)

### FRUITS de mer (Fish)

- Blanquette de Merou..... GH¢35  
(Grouper filet with white sauce and  
julienne of carrot and green beans)
- Saute de Gambas..... GH¢70  
(prawns saute with surry sauce)
- Merou Panne..... GH¢35  
(Grouper filet with bread cream bed  
fried)
- Merou Au Poiver..... GH¢35  
(Grouper filet with pepper Corn  
sauce)
- Grouper and White Sauce  
Cheese..... GH¢35
- Sole Meniere..... GH¢30  
(Grilled sole fish with parsley,  
Bitter lemon and garlic sauce)
- Sole Grille (Grilled sole)..20.00
- Crevette a la Provencale..GH¢35  
(Shrimps saute with tomat sauce)
- Langouste Grille..... GH¢90  
(Grilled lobster with garlic butter  
parsley.)
- Riz Espangol..... GH¢30  
(Spanish style rice with sea food and  
chicken.)
- Fried Rice and Chicken... GH¢30
- Beef Jollof..... GH¢30
- Chicken Jollof..... GH¢30
- Spaghetti Bolognaise ..... GH¢30
- Mouton Sauce with Couscous...GH¢50

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## FRENCH RESTAURANT

### ENTRES (STARTERS)

**LOBSTER SALAD.....GH¢40**

Toast basil baguette, lobster, and tomato, avocado)

**CHICKEN NOODLE SALAD...GH¢30**

Crispy noodles chicken breast salad)

**GREEK SALAD.....GH¢30**

(Dice of tomato+onion+green pepper+spring onion and feta cheese)

**AVOCADO PRAWNS COCKTAIL.....GH¢35**

(Avocado +prawns +salad +cocktail sauce)

### SOUPES (SOUPS)

**Pumpkin Soup.....GH¢20**

**Minestrone Soup.....GH¢30**



### FRUIT DE MER (SEA FOOD)

**HERBE GROUPER.....GH¢45**

(herbs grouper, potato served on local leaves)

**SEA FOOD PLATTER.....GH¢120**

(grilled grouper + prawns +lobster +squid)

**VERI SPECIAL FRIED RICE...GH¢60**



### DESSERT

**PANNA COTTA.....GH¢25**

(chocolate, vanilla, passion fruit, mango)



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### SOFT DRINK

|                               |      |
|-------------------------------|------|
| Coca Cola, Fanta, Spirit..... | 7.00 |
| Bitter Lemon.....             | 7.00 |
| Mini Voltic.....              | 3.00 |
| Large Voltic.....             | 5.00 |
| Malta Guinness.....           | 7.00 |
| Alvaro.....                   | 7.00 |

### JUICE

|                      |       |
|----------------------|-------|
| Bissap Sobolo.....   | 4.00  |
| Pineapple Juice..... | 7.00  |
| Fresh Orange.....    | 10.00 |
| Fresh Pineapple..... | 12.00 |
| Minute Maid.....     | 15.00 |

### ALCOHOLIC BEVERAGES

|                     |       |
|---------------------|-------|
| Mini Beer.....      | 8.00  |
| Large Beer.....     | 10.00 |
| Guinness.....       | 10.00 |
| Gulder.....         | 10.00 |
| Gordon's Spark..... | 10.00 |
| Corona Extra.....   | 10.00 |

### WHISKY

|                     |       |
|---------------------|-------|
| Chivas.....         | 20.00 |
| Dimple.....         | 20.00 |
| Black Label.....    | 15.00 |
| Red label.....      | 12.00 |
| Grants.....         | 10.00 |
| Ballantines.....    | 10.00 |
| J & B.....          | 10.00 |
| Gin.....            | 8.00  |
| Brandy.....         | 8.00  |
| Rhyum.....          | 10.00 |
| Bailleys.....       | 10.00 |
| Irish Creams.....   | 10.00 |
| Martini Bianco..... | 10.00 |
| Martini Rosso.....  | 10.00 |
| Pastis.....         | 7.00  |
| Ricard.....         | 7.00  |
| Campari.....        | 7.00  |

### LIQUEUR

|              |       |
|--------------|-------|
| Cognac.....  | 12.00 |
| Camus.....   | 12.00 |
| Bacardi..... | 10.00 |
| Vodka.....   | 10.00 |
| Porto.....   | 10.00 |
| Malibu.....  | 10.00 |